

## Community Resources in Response to COVID-19

*Provided for information only, without recommendation.*

*Updated August 5, 2020*

<b>COVID-19 Information</b>	Government of Canada	<a href="#">Link</a>	
	Public Health Ontario	<a href="#">Link</a>	
	Toronto Public Health	<a href="#">Link</a>	
	World Health Organization	<a href="#">Link</a>	
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Harm Reduction / Substance use Support	Pieces to Pathways		
	A peer-led initiative offering Canada's only substance use support program for LGBT2Q+ youth (ages 16-29). All staff are queer and/or trans-identified and have their own experiences of substance use and recovery.	<a href="#">Link</a>	(647) 209-2043 Text/Call Pam (they/them)
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Harm Reduction / Substance use Support	BULLETIN: Update on Increase in Drug-Related Deaths (July 17, 2020)		
	Between July 9th and 17th, there were 15 suspected opioid overdose-related deaths, largely in the downtown and north-west areas of the city. This is the worst cluster since data monitoring began in 2017, highlighting the unpredictable nature of the drug supply.	<a href="#">Link</a>	
	The public health measures needed to prevent spread of COVID-19 continue to create challenges for people who use drugs, and for service providers.		
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Advice for people using drugs:

Try not to use drugs alone. Use a supervised consumption service, if possible. In an overdose situation, give naloxone, call 911, and stay with the person, keeping a 6 foot distance if you are not from the same household, until help arrives. COVID-19 is spread by droplets from the nose or mouth. It is essential that all overdoses get medical attention.

- Use with someone else and take turns spotting for each other. Stay 6 feet from your buddy if you are not from the same household to avoid passing the virus. A buddy system is safer than using alone.

- If you must use alone, try and call someone you know, and have them stay on the phone with you while you use. Tell them your address and keep the door unlocked. They can call 911 if you become unresponsive. Call the Overdose Prevention Line at 1-888-853-8542 if you are about to use drugs and are located in Ontario. For their hours see: [grenfellministries.org/overdose-prevention-line](https://grenfellministries.org/overdose-prevention-line)

- Do a small test dose first.

- Check your drugs at drug checking services, which are available at The Works, South Riverdale Community Health Centre and Parkdale Queen West Community Health Centre (Queen West site).

- Get naloxone. Agencies that have it include: The Works, Parkdale-Queen West CHC, Regent Park CHC, South Riverdale CHC, Fred Victor, Eva's Satellite, Sistering, Sherbourne Health Centre, Seaton House, Agincourt Community Services Association, John Howard Society at 3313 Lakeshore Blvd West, LAMP CHC, and Scarborough Centre for Healthy Communities at 2660 Eglinton Avenue East.

- You can also get a free naloxone kit at a pharmacy. Find out where at: [www.ontario.ca/page/get-naloxone-kits-free](http://www.ontario.ca/page/get-naloxone-kits-free) or by calling 1-800-565-8603.

Important: Naloxone is effective for temporarily reversing the effects all opioids, even if other drugs are involved. However, it does not reverse the effects of other drugs like benzodiazepines. If someone is overdosing, give naloxone and call 911.

In an overdose situation, the Good Samaritan Drug Overdose Act provides legal protection from drug-related charges for carrying drugs for personal use and other simple possession offences.

Harm Reduction /  
Substance use Support

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Harm Reduction /  
Substance use Support

Harm Reduction Supplies & Locations in Toronto

[Link](#)

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Harm Reduction /  
Substance use Support

Supervised Consumption Sites in Toronto

Map & Hours of Operation

[Link](#)

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Harm Reduction / Substance use Support	TPH Supervised Injection Services at The Works - 277 Victoria St (Yonge & Dundas) Mon-Sat 10AM-10PM	<a href="#">Link</a>	(416) 392-0520
	Operating hours for supervised consumption will match The Works' current supply distribution and outreach hours: Monday-Saturday 1:30pm-8pm and Sunday 11am-5 pm.		
	The SIS will be available by appointment only, which can be made by phone by clients directly, through outreach or other agency workers. We realize this is not an ideal way to operate the service but it has allowed us to open our doors again.		
	In order to meet physical distancing requirements and maintain a high standard of infection prevention and control onsite, the SIS will run at a lower capacity with modified operations. There will be 2 injection booths and space for 2-3 people in each of the waiting room and chill out spaces.		
	Additional, essential information: - clients and external agency workers can call The Works directly to make an appointment at (416) 392-0520 - we can accept collect calls - we will only be booking clients 1 hour in advance - appointments will be limited to 30 minutes at the booth - there will be a 5-minute grace period when folks show up late		
	Please keep in mind that these are the re-opening protocols and will likely be modified as we roll out.		
Harm Reduction / Substance use Support	COVID-19 Overdose Response Tips (Toronto Public Health)	<a href="#">Link</a>	<a href="#">Link</a>
Harm Reduction / Substance use Support	The Overdose Prevention Line, a number you can call if you are about to use drugs and are located in Ontario. For hours of operation, follow the link.	<a href="#">Link</a>	1-888-853-8542
Harm Reduction / Substance use Support	<i>We are hearing reports of overdoses requiring hospitalization of people in downtown Toronto due to poor-quality drugs being distributed. Paramedics are unable to perform mouth-to-mouth resuscitation due to COVID-19 restrictions. For more information for people using drugs during the COVID-19 pandemic, visit the link.</i>	<a href="#">Link</a>	
Harm Reduction / Substance use Support	Toronto-area 12 step online meetings	<a href="#">Link</a>	
Harm Reduction / Substance use Support	Safer Crack Smoking – harm reduction tips	<a href="#">Link</a>	
Harm Reduction / Substance use Support	Safer Crystal Meth Smoking – harm reduction tips	<a href="#">Link</a>	

Harm Reduction / Substance use Support	<p>Equipment &amp; Naloxone kits are available from:</p> <p>Agincourt Community Services Association  Eva's Satellite  Fred Victor  John Howard Society (3313 Lakeshore Blvd West)  Parkdale-Queen West CHC  Regent Park CHC  Scarborough Centre for Healthy Communities (2660 Eglinton Avenue East)  Seaton House, LAMP Community Health Centre  Sherbourne Health Centre  Sistering  South Riverdale CHC  The Works</p>	<a href="#">Link</a>
Harm Reduction / Substance use Support	<p>Free naloxone kits are also available by calling 1-800-565-8603 or at the pharmacies listed at the link.</p> <hr/> <p>2-Spirits Harm Reduction Program</p> <p>Harm Reduction kits have to be collected from our office doors, where they have been placed for no-contact pickup. These kits will be available on Monday, Tuesday, Wednesday and Friday from 3:30 PM to 6:30 PM. Please note that there may be a waiting time of a few days, and we request that you get in touch with us in advance.</p> <p>Services are free.</p> <p>Food Support: Food Baskets delivered to your door</p> <p>Traditional Medicines: Tobacco, Cedar, Sweet grass, Sage.</p> <p>Hygiene Products : Moon Time Products, Oral Care, Soaps, Dish Soaps.</p> <p>Safe-Sex supplies  Harm Reduction Supplies/Kits</p> <p>Housing support</p> <p>If you need any support please call (437) 249-6837. One of the staff will take you through the process of intake into our support system.</p> <p>We will deliver most of the requested commodities to your doorstep.</p> <p>For housing support, call (437) 249-6837 or send an email to <a href="mailto:clientcare@2spirits.org">clientcare@2spirits.org</a></p> <p>Online virtual cultural programming.</p>	<a href="#">Link</a>
Harm Reduction / Substance use Support	<p>ACT</p> <p>Information phoneline, online outreach, online supports for harm reduction, support groups (spunk, meth and sex) have moved online, livefeeds on social media to engage with PWUD/PnPers with safe use during this pandemic.</p>	<a href="#">Link</a>
Harm Reduction / Substance use Support	<p>Agincourt Community Services – for updated info visit website</p>	<a href="#">Link</a>

Harm Reduction / Substance use Support	<p>Breakaway</p> <p>A multi-function substance use support and treatment agency</p> <p>Satellite: OST clinic open Tues/Wed/Fri, reduced hours, extended scripts</p> <p>Outreach teams: still operating (phone and in-person) <a href="#">Link</a></p> <p>P2P: continuing case management, reduced drop-in hours (Thursday), building kits off-site and facilitating drop offs of kits and food</p> <p>Other programs temporarily switching over to pantry food boxes (for pick-up and drop-off to isolated folks).</p>		
Harm Reduction / Substance use Support	<p>Davenport-Perth Neighbourhood and Community Health Centre</p> <p>Calls regarding services and how to access them will be answered at (416) 656-8025 during the following hours:</p> <p>Monday &amp; Wednesday: 1:30pm – 8pm Tuesday, Thursday, Friday: 9:00am – 5:00pm</p> <p>If your call is not answered, or you call after-hours, please leave a message on our main line and someone will call you back.</p> <p>The Community Choice Pharmacy will be offering full services during this time.</p>	<a href="#">Link</a>	(416) 656-8025
Harm Reduction / Substance use Support	<p>Fife House</p> <p>Intake &amp; Supportive Housing services as usual; Food programs continuing, outreach shifted to phone based to extent possible.</p>	<a href="#">Link</a>	
Harm Reduction / Substance use Support	<p>Fred Victor</p> <p>Supervised Consumption Site open at normal hours: 8:30am - 11pm, 7 days a week</p>	<a href="#">Link</a>	
Harm Reduction / Substance use Support	<p>Jean Tweed</p> <p>Agency remains open: most services provided via phone or OTN.</p> <p>Day and Residential programming intake shifted via phone but brief counselling offered remotely to individuals on wait list.</p> <p>Supportive Housing programs working with limited staff on site.</p> <p>Palmerston House remains open and completing assessments via phone. <a href="#">Link</a></p> <p>Outreach services via phone.</p> <p>Jean Tweed has initiated a 4 week intensive program for any woman with a substance use and/or gambling concern – via OTN - 5 days a week, workshops and groups, workbook, individual counselling – leave a message with our support and stabilization department at 416-255-7359 ext. 227 or 243</p>	<a href="#">Link</a>	

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The Meeting Place  
Phone (416) 532-4828 or email [info@westnh.org](mailto:info@westnh.org)

These essential services are being delivered in person. Only servicing the homeless. No accompaniments. No in-person case management. Limiting capacity to 40 including staff. Eviction prevention suspended.

Open Tuesdays & Wednesdays 11:30am-4pm, Wednesday to Saturdays 10am-4pm; showers/laundry/remote case management/harm reduction supplies/psychiatrist Tuesdays, Wednesdays and Fridays offering regular meals. Closed Sundays and Mondays.

[Link](#)

Harm Reduction /  
Substance use Support

Screening at door (doors locked entering from Queen Street door).

Other programs are providing services remotely and by phone. Call us for information and new referrals at (416) 532-4828.

Hours:  
Monday-Friday: 9 a.m. to 9 p.m.  
Saturday 9 a.m. to 5 p.m.

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Moss Park Consumption Site (134 Sherbourne St.) is open Tuesday to Sunday, 11 am to 7 pm

Harm Reduction /  
Substance use Support

Just injection. Some individually-wrapped snacks when available. Harm Reduction kits (reduced amount of pick & choose fulfillment).

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Parkdale Queen West Community Health Centre (Parkdale Queen West CHC)

Hours: M, T: 10am-6pm; W: 1pm-6pm; R: 10am-6pm; F: 9am-5pm

Primary Care: primary care for urgent issues SCS: as above except F: 9:30am-5pm; last call 30 min before close. HR supplies available at front desk. Counselling by phone.

Supervised Consumption Services: For more information contact Lorraine Barnaby, Urban Health Manager, Supervised Consumption Services at [lbarnaby@pqwchc.ca](mailto:lbarnaby@pqwchc.ca) or 416-703-8482 ext. 2333

Harm Reduction /  
Substance use Support

Reduced Hours of Service:  
Parkdale Site (1229 Queen St. West)  
10am – 6pm (Mon, Tues, Thurs)  
1pm – 6pm (Wed)  
9am – 5pm (Fri)

[Link](#)

Queen West Site (168 Bathurst St.)  
10am – 6pm (Mon, Tues, Thurs)  
1pm – 6pm (Wed)  
9am – 5pm (Fri)

Satellite Office (27 Roncesvalles Ave.)  
\*\*Offices closed and services relocated to 1229 Queen Street West  
All onsite and offsite groups suspended. Dental suspended except for emergencies.

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	PASAN		
	Toll free line forwarded - taking calls!		
Harm Reduction / Substance use Support	Harm Reduction team on-site for bulk pick-up/delivery of Harm Reduction kits Fridays 10am-5pm for now. Can increase hours if supplies are in higher demand.	<a href="#">Link</a>	1-866-224-9978
	*All drop in programming and in person visits/appointments are on hold.		
	Pride Toronto		
	Resources online at pridetoronto.com/covid19resources		
Harm Reduction / Substance use Support	During the COVID-19 Crisis, Pride Toronto's Harm Reduction is available via telephone & email.	<a href="#">Link</a>	
	For support contact: harmreduction@pridetoronto.com		
	Regent Park Community Health Centre (465 Dundas Street East)		
	Hours: Mon, Wed, Thurs - 10-4; Tues: 12-4; Friday 10-3:30.		
	CTS OPEN: Last call - 3:30 Monday-Thursday and 3:00 on Fridays;		
Harm Reduction / Substance use Support	Harm Reduction supplies available	<a href="#">Link</a>	(416) 364-2261
	Case management support available		
	WOW Wednesday Walk In 10-12 on Wednesdays		
	Sanctuary		
	Meals: Tues/Friday 11-4, Thurs/Sun 5-9pm		
Harm Reduction / Substance use Support	Sleeping space upstairs for people sleeping rough (times to change every week possibly)		
	Healthcare: Tuesday 11am-4pm (Doctor + RN), Friday (11am-4pm, RN only for now), Thursday (5pm-9pm Doctor only).		
	Scarborough Centre for Healthy Communities		
	Harm Reduction Supplies available during the Covid-19 pandemic: Wednesdays & Fridays		
Harm Reduction / Substance use Support	Condoms Safe Smoking Kits Safe Injection Kits Feminine Hygiene Kits	<a href="#">Link</a>	
	Please call for Naloxone Kits, Location details and Delivery Options		
	For more information, contact Sarah and Ayzha @ (647) 355-6725		

<p>Harm Reduction / Substance use Support</p>	<p>Sherbourne Health</p> <p>Harm Reduction Program: supplies available from self-serve cart in the parking lot from 9am-8pm, M-F.</p> <p>Hep C: current clients can still come by Wed from 10am-12pm to check in with staff 1-on-1 and get food and honouraria. Hep C nursing drop-in hours are still open Tuesday and Friday morning.</p> <p>Primary Care: folks can still see their primary care providers for urgent issues (9-5 M-F) or by phone. Primary care drop-in is still happening on Tuesday and Friday.</p> <p>Call (416) 324-4100 to check in.</p> <p>ARC Program: ARC is still taking new admissions. Screening at door for all service users and staff.</p> <p>Washroom and Phone access has been removed for folks just dropping in.</p>	<p><a href="#">Link</a></p>	
<p>Harm Reduction / Substance use Support</p>	<p>Sistering is open at the Masaryk Cowan Community Centre (220 Cowan Ave) in Parkdale.</p> <p>The following services are provided at this location:</p> <ul style="list-style-type: none"> <li>- Harm Reduction: Providing adequate access to supplies and support.</li> <li>- Medical Clinic: ICHA medical team will continue with virtual medical support.</li> <li>- Food Access: Preparing and distributing healthy meals and snacks daily.</li> </ul>	<p><a href="#">Link</a></p>	
<p>Harm Reduction / Substance use Support</p>	<p>South Riverdale Community Health Centre</p> <p>Due to the Coronavirus at this time:</p> <ul style="list-style-type: none"> <li>- 955 Queen St E. is open for essential urgent care (by appointment) only and the distribution of food and harm reduction supplies</li> <li>- Consumption Treatment Services (CTS) Moss Park (134 Sherbourne St.) is open Tuesday-Sunday 11 am-7 pm</li> <li>- 955 Queen St. E (including keep6) is open Monday-Friday 10 am-6 pm but 955 Queen St. will be closed on Saturdays, effective Saturday, March 21</li> <li>- We are screening all clients with appointments or using CTS, one-by-one, at the front doors of 955 Queen St. E and 134 Sherbourne St.</li> <li>- Home visits are being conducted for clients who still require support, clients are being screened accordingly</li> <li>- We are offering urgent counselling and social work services over the phone</li> <li>- We are looking for ways to provide support for clients who are food insecure and/or socially isolated</li> </ul>	<p><a href="#">Link</a></p>	
<p>Harm Reduction / Substance use Support</p>	<p>St. Michael's Hospital Rapid Access (OAT) Clinic – quick access to an addiction medicine specialist for individuals requiring medical intervention for substance use problems.</p> <p>Open on Monday and Fridays, 9 to 11:30am, on the 17th floor at St. Mikes.</p> <p>New clients must go in person if it's their first appointment. Clients calling in need to state clearly that they're calling to be seen in RAC – they will need to leave their name and phone number.</p>	<p><a href="#">Link</a></p>	<p>(416) 864-3082</p>

Harm Reduction / Substance use Support	<p>St. Stephen's Community House</p> <p>For more information about closures or services during the situation, contact: (416) 925-2103 x7777 or info@sschto.ca</p>	<a href="#">Link</a>
Harm Reduction / Substance use Support	<p>Syme Woolner Neighbourhood &amp; Family Centre Call (416) 766-4634 or email swooler@symewoolner.org</p> <p>Services:</p> <ul style="list-style-type: none"> <li>- Takeaway meals (7 days a week) – Breakfast &amp; Lunch served from 11:00am-12:30pm</li> <li>- Foodbank Food Hampers – provided on Fridays &amp; Saturdays 9:30am-2:00pm</li> <li>- Harm-reduction supply kits – distributed from Monday to Thursdays 10:00am-2:00pm and Sundays 11:00am-2:00pm</li> <li>- Housing Support Services – via phone daily from 10:00am-2:00pm</li> </ul>	<a href="#">Link</a>
Harm Reduction / Substance use Support	<p>Unison</p> <ul style="list-style-type: none"> <li>- Harm Reduction supplies, Drop-in &amp; Naloxone Distro as follows:</li> <li>- Lawrence Heights: Monday to Friday 1pm to 5pm.</li> <li>- Jane Street Hub: Monday to Friday 11am to 5pm.</li> <li>- Keele &amp; Rogers: Tuesday 1pm to 5pm, Thursday 10am to 1pm, Friday 10am to 5pm.</li> <li>- Oakwood &amp; Vaughan: location is closed.</li> <li>- Unison Satellite at Weston King NC Monday to Saturday 9am to 3pm - Harm Reduction supplies available at front door (no building access).</li> </ul> <p>Meals to go:</p> <ul style="list-style-type: none"> <li>- Keele &amp; Rogers - Thursday 11am to 1pm.</li> <li>- Weston King NC - Monday to Saturday 9am to 1pm.</li> </ul> <p>Outreach:</p> <ul style="list-style-type: none"> <li>- Keele/Rogers and Jane Street locations.</li> </ul>	<a href="#">Link</a>
Harm Reduction / Substance use Support	<p>Vanauley Street YMCA (7 Vanauley Street)</p> <p>Harm Reduction supplies and Food to-go only.</p>	(416) 603-6366
Harm Reduction / Substance use Support	<p>Ve'ahavta</p> <p>Mobile Outreach Van providing food, clothing, hygiene supplies and Harm Reduction kits to rough sleepers in downtown core.</p> <p>West/East boundary: Caledonia-Hwy 404; North/South boundary Lawrence-Lakeshore.</p> <p>Shifts run: Monday-Thursday 6pm-midnight; Saturday 6pm-midnight; Sunday noon-6pm</p> <p>Minimal office hours: open Wednesdays 9am-1pm</p>	

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Warden Woods Community Centre  
Harm Reduction & HIV Prevention Program  
Contact them for Support/Supplies/Resources/Food

74 Firvalley Court in Scarborough, Ontario  
Cell: (437) 3880-2651  
Phone: (416) 694-1138 ext. 143  
Harmreduction@wardenwoods.com

Satellite Locations (all in Scarborough):  
74 Firvalley Ct (Main Centre)  
76 Firvalley Ct (Oakridge Harm reduction Hub)  
605 & 675 Kennedy Road  
10 Glen Everest Road  
40 Firvalley Ct  
682 Warden Avenue  
30/40 Teesdale Place  
3333 Danforth Avenue  
705 Progress Avenue  
5 Wakunda Place (Mobile)  
Burnhill Road & Danforth Avenue (Mobile)  
Eglinton Avenue East (Mobile)  
Danforth Avenue & Kingston Road (Mobile)

Harm Reduction /  
Substance use Support

[Link](#)

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West Neighbourhood House/St. Christopher House

These essential services are being delivered in person:

- Meals on Wheels
- Home Support (in-home PSW care)
- Home at Last (transition from hospital to home)
- Supportive housing at West Lodge

Harm Reduction /  
Substance use Support

[Link](#)

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Naloxone kit hubs are launching! The agencies listed below are ready, or nearly ready, to open their kit hubs. Please remember that the kit hubs are designed to fulfil urgent needs to replenish other organizations' kit stocks while they have reduced capacity from COVID-19 related staffing issues. Please use the contacts below to access kits when needed:

PASAN, 526 Richmond St East  
Stephanie, (647) 394-9567 stephaniem@pasan.org

Harm Reduction /  
Substance use Support

PQWCHC – Parkdale Site, 1229 Queen Street West  
Tave (416) 537-2455 x1243 TCole@pqwchc.ca

PQWCHC – Queen West Site, 168 Bathurst Ave  
Dana, (416) 804-8309 dluchsinger@pqwchc.ca, 10am-6pm Mon-Fri

Sherbourne Health Center, 333 Sherbourne Street  
Amika (416) 324-4100 x3317 agupta@sherbourne.on.ca  
or Amanda (416) 324-4100 x3237 ALeo@sherbourne.on.ca

Ontario Aboriginal HIV/AIDS Strategy (OAHAS) – TBD

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Advocacy opportunity:

Harm Reduction /  
Substance use Support

The Canadian HIV/AIDS Legal Network, Pivot Legal Society and the Canadian Drug Policy Coalition have joined forces to call on key ministers in the federal government to immediately decriminalize the possession of illicit drugs in response to the twin crises of opioid overdoses and the COVID-19 pandemic.

[Link](#)

Organizations can sign on to support drug decriminalization ([link](#))

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*Curated with help from:*

*2 Spirits, The 519, ACT Toronto, Alliance for South Asian AIDS Prevention (ASAAP), Black CAP, Buddies in Bad Times, Canadian HIV/AIDS Legal Network, Canadian Stage, The Dignity Network, EGALE, Friends of Ruby, Glad Day, Inside Out, Metropolitan Community Church of Toronto, Ontario AIDS Network, Planned Parenthood Toronto, Rainbow Railroad, Sherbourne Health, Toronto HIV Aids Network, Toronto People with AIDS Foundation, LGBT Youthline. Special thanks to: The Margins of Eras Gallery, H.G. Watson, & Vivian Ngai COVID-19 Resource Documents*