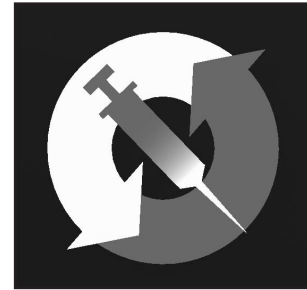


The Works offers:

- Harm reduction supplies (injection and safer smoking)
- Safer drug use education
- Counselling, support and referrals
- Opioid substitution (Methadone Works program)
- Nursing care
- Testing (Chlamydia, Gonorrhoea, Hepatitis A,B &C, HIV and Syphilis)
- Vaccinations (Tetanus, Influenza, Hepatitis A, B and Pneumococcal)
- Naloxone distribution (>POINT Program)
- **Supervised Injection Services – call for hours of service**

The Works Tips for Safer Injection



416-392-0520

 **TORONTO** Public Health

Tips for Safer Injection

- Do a tester and ask around with a new supply or dealer. Taste it, smoke it, use a little and see what others are saying
- Know your tolerance. It varies with stress, illness, other changes to your health, and if you haven't used for a while. Start slow, do a tester.
- Use with a friend. If they are also using, avoid injecting at the same time in case one of you needs help.
- Have a plan. Talk about overdose before it happens with people you trust.
- Avoid mixing drugs or using with medications or alcohol. Try to use one at a time and use drugs before alcohol.
- Use a new needle every time.
- Use your own cooker, sterile water, filter and tourniquet.
- Use the smallest needle possible.
- Alternate veins as much as you can.
- **Use a needle exchange program and a supervised injection site.**

The Works
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